



Help prevent falls

Visitor information

Please help us to keep our patients safe by following these simple instructions.

Ask a nurse before moving the patient:

Prior to helping the patient out of bed, consult with a nurse to ensure their safety.

Ask to take the patient for a walk:

Always seek permission from a nurse first as it might not be safe for the patient to walk.

Ensure all medication is given to staff:

Please tell a staff member if you bring any medicines to the hospital. Do not give medicines directly to the patient. Medicines are monitored to ensure they are safe. All medicines must be prescribed by the doctor and given by our nurses.

Report any dizziness or drowsiness: If you observe the patient feeling dizzy or excessively drowsy, quickly inform a nurse.

Ask before bringing in mobility equipment: Please consult with our physiotherapist, occupational therapist, or a nurse before bringing anything from home.

Lower the bed height: If you have adjusted the bed's height during your visit, kindly return it to its lowest position.

Notify nurses before leaving: For the wellbeing of the patient, kindly inform our nursing team when you're departing.

Ensure access to the call bell: Before leaving, make sure the patient can easily reach their call bell for assistance.

Ask staff any questions: Feel free to approach any member of our nursing staff if you have any questions or concerns.

By following these simple recommendations, you play a crucial role in safeguarding your loved ones during their hospital stay.



Falls Risk

Sir Charles Gairdner Hospital

- Hospital Ave, Nedlands WA 6009
- General enquiries (08) 6457 3333
- Hearing impaired (TTY) (08) 6457 3900
- scgh.health.wa.gov.au

This document can be made available in alternative formats on request.

